# APPLICATION FOR LICENSURE

All application materials must be in the Arkansas Board of Examiners office one (1) month prior to the registration deadline date given for the NCE or MFT examination.

Applicant must be a citizen of the United States or have a current green card issued by the U.S. Immigration Bureau documenting legal alien work status in the U.S. Licensed Associate Counselor (LAC)

Associate Marriage & Family Therapist (AMFT) Licensed Professional Counselor (LPC) \_\_\_\_ Marriage & Family Therapist (MFT) (An application fee of \$200.00 must accompany the submission of this completed form.) \_\_\_\_\_Date of Birth:\_\_\_\_\_ Name(s) on transcript(s) if different from #1: Birthplace: (Other) (County) (State) (City) United States Citizen: \_\_\_\_YES \_\_\_\_NO. If no, attach copy of current green card issued by U.S. Immigration Bureau, to document and verify legal alien work status in the U.S. Social Security Number: Current Residential Address: Street (required): P.O. Box: City: State: Zip: Phone: Residential: Office:\_\_\_\_\_ E-Mail:\_\_\_\_\_ 2. Work Experience (cite most recent first): Responsibilities Position Supervisor Dates 3. Professional Training (cite most recent first): College/University Specialization Credential/Degree Dates 4. Do you intend to apply for a specialty designation? Yes: No:

5. If Yes, please name the specialty:

7. If answer is yes, give license or certificate number(s), title(s), and states issuing license(s) or certificate(s):		
8. Have you ever denied a license and/or certification.	tion? YesNo	
9. If answer is yes, briefly state reasons:		
10. Have you ever had your license or certificate r	revoked, canceled or suspended? YesNo	
11. If answer is yes, state reasons:		
12. Have you ever been convicted of a felony? Ye	esNo	
13. If answer is yes, please provide the following in Date of conviction:Where cor Felony charge:	nvicted:	
14. Current Employment Information		
Primary Employment Setting:		
Name of Employer:		
Address:		
Phone:		
	School	
Governmental agency		
(Employed) private practice	Other (state type)	
Secondary Employment Setting		
Name of Employer:		
Address:		
Phone:		
Setting: Independent private practice	School	
	Non-profit organization	
	Other (state type)	
Name and degree of supervisor(s):		
Position of supervisor(s):		
Licensure status:		

# PLEASE READ CAREFULLY

In making this application to the Arkansas Board of Examiners in Counseling for the issuance of a license, I agree to abide by the rules and regulations of the Arkansas Board of Examiners in Counseling and to take all examinations necessary to the processing of my application. Upon issuance of a license, I agree to be bound by the Code of Ethics of the American Counseling Association <a href="mailto:amd/or">amd/or</a> American Association of Marriage & Family Therapy. I understand that I am bound by both codes if I hold both licenses. I further agree that the fee submitted with this application is non-refundable.

I agree to hold the Arkansas Board of Examiners in Counseling, its members, officers, agents, and examiners free from any damage or claim for damage or complaint by reason of any action they or any one of them take in connection with this application, the attendant examination, the grades with respect to any examination, and/or failure of the Board to issue me a license. I hereby grant permission to the Board to seek any information or references it deems fit in securing my credentials pertinent to this application.

I further agree that if issued a license, upon the revocation, suspension or cancellation of that license, I shall return the said license to the Board.

I have read Act 593, Act 244 amendment, and the Rules and Regulations of the Board and am familiar with the requirements of the Acts and with the Rules and Regulations of the Board.

The information which I have provided in this application is truthful. I understand that giving the Board false information of any kind may result in the voiding of this application and my failing to be granted licensure.

Date	Signature of Applicant	
(Application Packet valid for	one year from this Date.)	

Board Policy requires that each applicant attach a photograph taken within the last 12 months. Photograph must be attached Prior to Notary Signature.

Attach photograph here

# **VERIFICATION OF APPLICATION**

## EFFECTIVE JANUARY 1, 2003

60 GRADUATE HOURS ACCEPTABLE TO THE BOARD ARE REQUIRED FOR AN APPLICATION FOR AN ARKANSAS COUNSELING OR MARRIAGE AND FAMILY THERAPIST LICENSE TO BE PROCESSED.

THE CORE CURRICULUM COURSES MUST BE DOCUMENTED. THE ADDITIONAL COURSES MUST BE COUNSELING IN NATURE AND RELATED TO THE DEGREE AS APPROVED BY THE APPLICANT'S UNIVERSITY ADVISORS.

RECOMMENDED COURSE ELECTIVES FROM JANUARY 1, 2003 TO JANUARY 1, 2005 FOLLOW:

ABNORMAL PSYCHOLOGY
PSYCHOPATHOLOGY
DSM
FAMILY & RELATIONSHIP
PSYCHOPHARMACOLOGY

DISTANCE LEARNING RULES AND REGULATIONS ARE BEING REVISED BY THE BOARD. Currently, course work earned in this manner is not acceptable for the initial license issue. When finalized the Rules/Regulations will be published and public hearings held prior to filing with the Legislative Council. University Distance Learning programs will be individually reviewed to evaluate the courses as equivalent to the Board adopted Standards. University's that have requested their distance learning programs and course work be reviewed follow:

University of Arkansas- Little Rock Liberty University – Virginia Southern Christian University – Alabama

Projected completion date for the implementation of the revised Rules/Regulations is July 1, 2003.

No applications from students whose graduate programs have been distance learning programs have been processed from 1979 to the present. When the revised Rules/Regulations are finalized, the distance learning programs will be reviewed and a file for each university developed. The Board will then evaluate distance learning transcripts from applicants under the revised Rules/Regulations.

## **EFFECTIVE JANUARY 1, 2003**

Applicant's Name	

# Core Curriculum Summary LAC or LPC

"B" Grade or Above Required In Each Graduate Course

Traditional, in class, course work required. On line, video, correspondence, home study, etc. are not accepted for licensure application.

**Professional Identity:** studies that provide an understanding of all of the following aspects of professional functioning: a.) history and philosophy of the counseling profession, including significant factors and events; b.) professional roles, functions, and relationships with other human service providers; c.) technological competence and computer literacy; d.) professional organizations, primarily ACA, its divisions, branches, and affiliates, including membership benefits, activities, services to members, and current emphases; e.) professional credentialing, including certification, licensure, and accreditation practices and standards, and the effects of public policy on these issues; f.) public and private policy processes, including the role of the professional counselor in advocating on behalf of the profession; g.) advocacy processes needed to address institutional and social barriers that impede access, equity, and success for clients; and h.) ethical standards of ACA and related entities, and applications of ethical and legal considerations in professional counseling. 3 hr. minimum

		barriers that impede access, equity, and success for clients; and h.) ethical cal and legal considerations in professional counseling. 3 hr. minimum
Course #	Institution	Course Title and Description
multicultural and di physical characterist individuals, couples including characteri understandings, and and community strat conflict resolution, of discrimination, and of	verse society related to such factors as c tics, education, family values, religious, families, ethnic groups, and communiti- stics and concerns between and within acculturative experiences, including spec- tegies for working with diverse population cultural self-awareness, the nature of bias other culturally supported behaviors that an	derstanding of the cultural context of relationships, issues, and trends in a culture, ethnicity, nationality, age, gender, sexual orientation, mental and and spiritual values, socioeconomic status and unique characteristics of es including all of the following: a.) multicultural and pluralistic trends, in diverse groups nationally and internationally; b.) attitudes, beliefs, effic experiential learning activities; c.) individual, couple, family, group, ins and ethnic groups; d.) counselors' roles in social justice, advocacy and see, prejudices, processes of intentional and unintentional oppression and re detrimental to the growth of the human spirit, mind, or body; e.) theories and multicultural competencies; and f.) ethical and legal considerations. 3
Course #	Institution	Course Title and Description
developmental level span; b.) theories of disability, exception	s, including all of the following: a.) theofolia learning and personality development; all behavior, addictive behavior, psychopa	vide an understanding of the nature and needs of individuals at all pries of individual and family development and transitions across the life c.) human behavior, including an understanding of developmental crises, thology, and situational and environmental factors that affect both normal development over the life span; and e.) ethical and legal considerations. 3
Course #	Institution	Course Title and Description

Career Development: studies that provide an understanding of career development and related life factors, including all of the following: a.) career development theories and decision-making models; b.) career, avocational, educational, occupational and labor market information resources, visual and print media, computer-based career information systems, and other electronic career information systems; c.) career development program planning, organization, implementation, administration, and evaluation; d.)

interrelationships among and between work, family, and other life roles and factors including the role of diversity and gender in career development; e.) career and educational planning, placement, follow-up, and evaluation; f.) assessment instruments and techniques that are relevant to career planning and decision making; g.) technology-based career development applications and strategies, including computer-assisted career guidance and information systems and appropriate world wide web sites; h.) career counseling processes, techniques, and resources, including those applicable to specific populations; and i.) ethical and legal considerations. 3 hr. minimum

Course # Institution Course Title and Description

Helping Relations: studies that provide an understanding of counseling and consultation processes, including all of the following: a.) counselor and consultant characteristics and behaviors that influence helping processes including age, gender, and ethnic differences, verbal and nonverbal behaviors and personal characteristics, orientations, and skills; b.) an understanding of essential interviewing and counseling skills so that the student is able to develop a therapeutic relationship, establish appropriate counseling goals, design intervention strategies, evaluate client outcome, and successfully terminate the counselor-client relationship. Studies will also facilitate student self-awareness so that the counselor-client relationship is therapeutic and the counselor maintains appropriate professional boundaries; c.) counseling theories that provide the student with a consistent model(s) to conceptualize client presentation and select appropriate counseling interventions. Student experiences should include and examination of the historical development of counseling theories, an exploration of affective, behavioral, and cognitive theories, and an opportunity to apply the theoretical material to case studies. Students will also be exposed to models of counseling that are consistent with current professional research and practice in the field so that they can begin to develop a personal model of counseling; d.) a systems perspective that provides an understanding of family and other systems theories and major models of family and related interventions. Students will be exposed to a rationale for selecting family and other systems theories as appropriate modalities for family assessment and counseling; e.) a general framework for understanding and practicing consultation. Student experiences should include and examination of the historical development of consultation, an exploration of the stages of consultation and the major models of consultation, and an opportunity to apply the theoretical material to case presentation. Students will begin to develop a personal model of consultation; f.) integration of technological strategies and applications within counseling and consultation processes; and g.) ethical and legal considerations. 3 hr. minimum

Course # Institution Course Title and Description

**Group Work:** studies that provide both theoretical and experiential understandings of group purpose, development, dynamics, counseling theories, group counseling methods and skills, and other group approaches, including all of the following: a.) principles of group dynamics, including group process components, developmental stage theories, group members' roles and behaviors, and therapeutic factors of group work; b.) group leadership styles and approaches, including characteristics of various types of group leaders and leadership styles; c.) theories of group counseling, including commonalties, distinguishing characteristics, and pertinent research and literature; d.) group counseling methods, including group counselor orientations and behaviors, appropriate selection criteria and methods, and methods of evaluation of effectiveness; e.) approaches used for other types of group work, including task groups, psychoeducational groups, and therapy groups; f.) professional preparation standards for group leaders; and g.) ethical and legal considerations. 3 hr. min.

Course # Institution Course Title and Description

Assessment: studies that provide an understanding of individual and group approaches to assessment and evaluation, including all of the following: a.) historical perspectives concerning the nature and meaning of assessment; b.) basic concepts of standardized testing and other assessment techniques including norm-referenced and criterion-referenced assessment, environmental assessment, performance assessment, individual and group test and inventory methods, behavioral observations, and computer-managed and computer-assisted methods; c.) statistical concepts, including scales of measurement, measures of central tendency, indices of variability, shapes and types of distributions, and correlations; d.) reliability (i.e., theory of measurement error, models of reliability, and the use of reliability information); e.) validity (i.e., evidence of validity, types of validity, and the relationship between reliability and validity); f.) age, gender, sexual orientation, ethnicity, language, disability, culture, spirituality, and other factors related to the assessment and evaluation of individuals, groups, and specific populations; g.) strategies for selecting, administering, and interpreting assessment and evaluation

		g of general principles and methods of case conceptualization, assessment, l and legal considerations. 3 hr. minimum.  Course Title and Description
	montation	Course True and Description
assessment, and prog conducting research research, and outcom assuming basic comp	gram evaluation, including all of the following the counseling profession; b.) researche-based research; c.) use of technology outer literacy; d.) principles, models, and	ovide an understanding of research methods, statistical analysis, needs owing: a.) the importance of research and opportunities and difficulties in rch methods such as qualitative, quantitative, single-case designs, action and statistical methods in conducting research and program evaluation, applications of needs assessment, program evaluation, and use of findings we counseling effectiveness; and f.) ethical and legal considerations. 3 hr.
Course #	Institution	Course Title and Description
Practicum and/or	Internships: 9 hr. minimum (Com	bination of Practicum & Internship)
For the Mental Heal supervision of a site clock hours. Beyond in a mental health se minimum of 120 dire 900 clock hours of s program must clearly	supervisor as defined by Section III, Statistics and these 600 clock hours, the Mental Healt etting under the appropriate clinical superect service clock hours. Therefore, the to supervised experience in an appropriate s	documented by the university.  our internship (Standard III.H) occurs in a mental health setting, under the andard C.1-2. The requirement includes a minimum of 240 direct service th Counseling program requires an additional 300 clock hours of internship revision of a site supervisor as defined above. This requirement includes a tal requirement for a mental health counseling internship is a minimum of etting, which includes a minimum of 360 direct service clock hours. The expected of interns, using appropriate professional resources that address
Course #	Institution	Course Title and Description
Approved:	Signature	Denied: Signature Documentation of Course work needed
Date:		Date:

Adopted From:

2001 Standards
Council for Accreditation of Counseling and Related Education Programs
5999 Stevenson Avenue, AACD Building, Alexandria, VA 22304
Phone: (703) 829-9800, ext. 301; Fax: (703) 823-0252
E-Mail: CACREP@aol.com

# CORE CURRICULUM SUMMARY LAMFT OR LMFT

"B" Grade or above required in each of the required 60 Semester Graduate Hours.
BRICK-MORTAR (traditional in-classroom) AND DISTANCE LEARNING COURSES
ACCEPTED IF COURSES MEET THE STANDARDS ADOPTED BY THE BOARD

The AAMFT embraces a family systems perspective of human and family development and of the treatment of both individual and family problems. The following five areas are deemed essential educational training for the practice of marriage and family therapy. Course Equivalents: 3 semester credits; or 4 quarter credits; or 45 didactic contact hours (lecture hours)

# MARRIAGE AND FAMILY STUDIES (9Hour Minimum/3 Courses)

Courses in this area should present a fundamental introduction to systems theory. Courses should address a wide variety of family structures and a diverse range of contemporary issues, which include but are not limited to gender, violence, addictions, and abuse from a relational/systemic perspective. Examples of courses: systems theory, family development, family subsystems, blended families, gender issues in families, cultural issues in families, family violence, family communications, etc. Survey or overview courses in which systems is one of several theories covered are not acceptable in this area. Courses in which systems theory is the major focus and other theories of individual or families are studied in relation to systems theory are appropriate.

		ocus and other theories of i	ndividual or families are studied in relation
to systems the	eory are appropriate. Course #	Institution	Course Title
TRADITION	IAL BRICK-MORTAI	R COURSE WORK	
DISTANCE	LEARNING COURSE	E WORK	
Courses in the interventions change and the therapy, interventions	is area should have a n. This area is intended the applied practices evergenerational family the	to provide a substantive un- olving from each theoretica erapy, systemic sex therapy	mily systems theories with their therapeutic derstanding of the major theories of system l orientation. Examples of courses: strategio
1	Course #	Institution	Course Title
TRADITION	IAL BRICK-MORTAI	R COURSE WORK	

Revised on 3/29/2004

DISTANCE LEARNING COURSE WORK
HUMAN DEVELOPMENT (9 Hour minimum/3 courses) Courses in this area should provide knowledge of individual personality development and its normal and abnormal manifestations. The student should have relevant coursework in human development across the ife span that includes special issues that effect an individual's development (i.e., culture, gender and numan sexuality). This material should be integrated with systems concepts. Examples of courses: human development, cross-cultural studies, child/adolescent development, human sexuality, personality theory, etc. One of these 3 courses must include Psychopathology.  Test and measurement courses are not accepted toward this area.
Course # Institution Course Title  TRADITIONAL BRICK-MORTAR COURSE WORK
DISTANCE LEARNING COURSE WORK
ASSESSMENT (3 Hour minimum) Courses in this area address the use of formal and informal assessment of individual, relationship, family, and systemic factors including the assessment and treatment of major mental health issues. Individual assessment includes standard individual cognitive, emotional, behavioral, and social instruments.  Assessment of systemic factors includes valid relational, structural, and family functioning instruments.  NOTE: under Arkansas law, Projective techniques in the assessment of personality are not permitted for Counselors under this license. Act 593 of 1979, 17-27-102, (7)(B) and (8)(B), found in ACA page 273 of 199/03/02.
Course # Institution Course Title FRADITIONAL BRICK-MORTAR COURSE WORK
DISTANCE LEARNING COURSE WORK
PROFESSIONAL ETHICS (3 Hour minimum)

Courses in this area are intended to contribute to the professional development of the therapist. Areas of study should include the therapist's legal responsibilities and liabilities, professional ethics as a marriage and family therapist from AAMFT's Code Of Ethics, professional socialization, and the role of the professional organization, licensure or certification legislation, independent practice and inter-professional cooperation.

Religious ethics courses, philosophy or moral theology courses are not accepted toward this area. Course Title

Course # Institution

TRADITIONAL BRICK-MORTAR COURSE WORK

DISTANCE LEARNING COURSE WORK
RESEARCH (3 Hour minimum)  Courses in this area should assist students in understanding and performing research and include signific material on research in couple and family therapy. Course examples: research methodology, quantitative methods and statistics, qualitative research, etc.  Individual personality, test and measurement, and library research courses are not accepted toward this area.  Course # Institution Course Title  TRADITIONAL BRICK-MORTAR COURSE WORK
DISTANCE LEARNING COURSE WORK
PSYCHOPHARMACOLOGY (3 Hour minimum)  Courses in this area should address the physiological/medical aspects of mental illness and the medication that are used to treat specific common disorders.  Course # Institution Course Title  TRADITIONAL BRICK-MORTAR COURSE WORK
DISTANT LEARNING COURSE WORK
DSM AND /OR ICD USE (3 Hour minimum)  Courses in this area should provide training in using the DSM or ICD manuals in providing appropriate diagnostics and categorization of mental disorders.  Course # Institution Course Title  TRADITIONAL BRICK-MORTAR COURSE WORK
DISTANCE LEARNING COURSE WORK

revised on 3/29/04

# PRACTICUM/INTERNSHIPS (9 Hour Practicum/Internships) Applicants must complete a minimum 1-year practicum (500 hours of client contact with individuals, couples and families). The direct client contact hours must have been supervised by site supervisors assigned by the university in addition to the university's faculty's supervision. Course # Institution Course Title TRADITIONAL BRICK-MORTAR COURSE WORK DISTANCE LEARNING COURSE WORK Credential Evaluation Services International graduate degree(s) must be submitted with an English translation and certificate from a credential evaluation service and approved by the Board. These agencies must certify that the foreign degree is equivalent to a United States graduate degree. All costs for this certification are the responsibility of the applicant. For a list of services, please contact the National Association of Credential evaluation

Signature Signature

Descriptions adapted from Version 10.2

Commission on Accreditation for Marriage and Family Therapy Education of the American Association for Marriage and Family Therapy

112 South Alfred Street, Alexandria, VA 22314-3061 Phone: (703) 838-9808. Fax (703) 838-9805

Home Page: http://www/aamft.org

Recommended elective courses to complete the 60 hour requirement effective January 1, 2003: DSM/ICD ASSESSMENT AND DIAGNOSIS PYSCHOPHARMACOLOGY

Recommended electives mandated January 1, 2005

The requirements above are for the <u>Arkansas</u> Marriage and Family Therapy License. See AAMFT (American Association for Marriage and Family Therapy Clinical Membership) for national Clinical Membership requirements (WWW.AAMFT.ORG)

**Revised on 3/29/04** 

Services, Inc at (414)289-3400.

# **Clinical Membership Requirements**

Clinical Members meet the full set of requirements established by the AAMFT for the independent practice of marriage and family therapy.

Requirements COAMFTE Program Graduate Non-COAMFTE Program Graduate Definitions

Education

Master's or Doctoral degree in MFT or a related field from a *regionally accredited institution* 

(Master's & Doctoral programs accredited by the COAMFTE are always regionally accredited. Those graduating from a post-degree program must document that their degree is from a regionally accredited institution) Master's or Doctoral degree in MFT or a related field from a *regionally accredited institution* 

Regional Accreditation is awarded an institution by the following regional accrediting bodies: MSA, NASC, NCA, NEASC-CHE, SACS-CC, or WASC-Sr. It signifies that the institution meets established standards for higher education

Curriculum (course) Requirements Individuals who have graduated from a COAMFTE accredited program have met all 11 required courses as outlined in the AAMFT Curriculum Guidelines.

Must successfully complete the 11 required courses outlined in the *AAMFT Curriculum Guidelines*, either during their graduate program, or in a post-degree training program accepted by the AAMFT.

(Undergraduate level courses do not satisfy

AAMFT course requirements)

See AAMFT Curriculum
Guidelines

Supervised Clinical Practicum (during graduate program) Individuals who have graduated from a COAMFTE program have met this requirement.

Minimum 1 year, 300 hours of direct client contact with individuals, couples, & families. This Experience must have been supervised. (If you did not complete this practicum during your graduate program, you may submit your first 300 post-graduate client contact hours to satisfy this requirement. These post-graduate hours must be supervised by an AAMFT Approved Supervisor, Supervisor-in-Training, or by an alternate supervisor)

**Direct client contact** is face-to-face contact with Individuals, couples or families.

Post-Graduate Clinical Experience

Minimum 2 years, 1,000 hours of clinical work experience in marriage and family therapy, completed concurrently with the post-graduate supervision described below. Graduates of COAMFTE programs can count client contact hours earned during the program toward this requirement based on a ratio of 1 supervision hour to every 5 client contact hours.

Minimum 2 years, 1,000 hours of clinical work experience in marriage and family therapy, completed concurrently with the post-graduate supervision described below. Hours obtained during our graduate program do not count towards this requirement. (This experience may not begin until the applicant has completed the supervised clinical practicum described above.)

Post-Graduate

200 hours of supervision completed
Supervision

200 hours of supervision completed concurrently with the 1,000 hours of clinical experience described is fa

clinical experience described above. At least 100 of the 200 hours must be **individual supervision**. Graduates of COAMFTE programs can count supervision hours earned during the program toward this requirement, based on a ratio of 1 supervision hour to every 5 client contact hours.

200 hours of supervision completed concurrently with the 1,000 hours of clinical experience described above. At least 100 of the 200 hours must be individual supervision. Hours obtained during your graduate program do not count toward this requirement.

Individual supervision

is face-to-face contact between one supervisor and two supervisees.

**Group supervision** may consist of no more than 6 supervisees, regardless of the number of supervisors.

See page 12 for a description of the required

Characteristics of Supervision.

To determine if your supervisor is **AAMFT Approved**, contact the AAMFT, or ask your supervisor

Post-Graduate Supervisor(s)

The 200 hours of post-graduate supervision describe above must be Completed with an AAMFT Approved Supervisor or AAMFT Supervisor-in-Training.

The 200 hours of post-graduate supervision described above must be completed with an **AAMFT Approved Supervisor or Supervisor-in- Training.** 

Requirements	COAMFTE Program Graduate	Non-COAMFTE Program Graduate	Definitions
Education	Master's or Doctoral degree in MFT related field from a <b>regionally accredited institution</b> . (Master's & Doctoral programs accredited by the COAMFTE are always regionally. accredited those graduating from a post-degree training program must document that their graduate degree is from a regionally accredited institution)	Master's or Doctoral degree in MFT or a related field from a <b>regionally accredited institution</b>	Regional accreditation is awarded an institution by the following regionally accrediting bodies: MSA, NASC, NCA NEASC-CIHE, SACS-CC, or WASC-S. It signifies that the institution meets established standards for higher education.
Curriculum (course) Requirements	Individuals who have graduated from a COAMFTE accredited program have met all 11 required courses as outlined in the AAMFT Curriculum Guidelines.	Must successfully complete any 8 of the 11 required courses outlined in the AAMFT Curriculum Guidelines, either during their graduate program, or in a post-degree training program accepted by the AAMFT. The applicant can complete the remaining 3 courses while holding Associate Membership. (Undergraduate level courses do not satisfy AAMFT course requirements.)	See AAMFT Curriculum Guidelines
Supervised Clinical Practicum (during graduate program)	Individuals who have graduated from a COAMFTE program have met this requirement.	Minimum I year, 300 hours of client contact with individuals, couples & families. This experience must have been supervised. (If you did not complete this practicum during your graduate program, you may submit your first 300 post-graduate supervised client contact hours to satisfy this requirement. These post-graduate hours must be supervised by an AAMFT Approved Supervisor, Supervisor-in-Training, or by an alternate supervisor.)	<b>Direct client contact</b> is face-to-face contact with individuals, couples or families.

# **Characteristics of Supervision**

Supervision of marital and family therapy is expected to have the following characteristics.

- Face-to-face conversation with the supervisor, usually in periods of approximately one hour each
- The learning process should be sustained and intense
- Appointments are customarily scheduled once a week, three times weekly is ordinarily the Maximum and once every other week the minimum
- Normally completed over a period of one to three years
- It is recommended that the experience include at least two supervisors with diverse family therapy theoretical orientations

## Lifted From

American Association for Marriage and Family Therapy 1133 15<sup>th</sup> Street, NW Suite 300 Washington, DC 20005-2710 Phone: (202) 452-0109 Fax: (202) 223-2329 Home Page: http://www.aamft.org